

**TURNING POINT CAMDEN**  
**15 EDWARD STREET, CAMDEN 2570**  
**PANTRY DONATION SUGGESTIONS**

**We support men, women and families who are experiencing food shortage.  
This is a list of basic pantry items that has been compiled as a helpful guide.**

We gladly accept Woolworths, Coles, Coles Express or Aldi grocery gift cards  
that we can then provide for the purchase of meat/vegetables/dairy/personal items.

**WE ARE UNABLE TO ACCEPT: EXPIRED OR DAMAGED GOODS, RAZORS, OR BOTTLED ROLL ON DEODORANT**

<b>BREAKFAST</b>	<b>MEAT /FISH PRODUCTS</b>	<b>FRUIT - TINS</b>	<b>VEGETABLES contd.</b>
Weetbix	Braised Steak & Onions 425g	Apricots	Peas, Carrots & Corn
Cornflakes	Red Wine Beef Stew 425g	Peaches	Mushrooms
Rice Bubbles	Vegetables & Sausages 425g	Pears	Beetroot
Coco Pops	Ham or Spam 340gm	Two Fruits	Tomatoes
Special K	Corned Beef 340gm	Fruit Salad	Potatoes (tin)
Muesli	Chicken Breast	Pineapple	
Porridge	Tuna 95gm		Salt (small)
	Tuna medium	<b>DESSERT</b>	White Pepper
Baked Beans 220gm tin	Tuna large	Custard Powder	
Baked Beans 420gm tin	Salmon 105gm	Custard UHT 1 litre	<b>TOILETRIES</b>
Spaghetti 220gm tin	Salmon medium	Jelly Crystals	Toilet Paper
Spaghetti 420gm tin	Salmon large	Rice Pudding	Tissues - large box
		Pancake Mix	Hand Sanitiser
<b>DRINKS</b>	<b>PASTA</b>	Packet Cake Mix	Shampoo
Tea Bags pack 50 or 100	Spaghetti 500gm	Maple Syrup	Conditioner
Coffee	Penne 500gm		Body Wash
UHT Milk Full Cream 1 litre	Spirals 500gm	<b>SOUPS</b>	Soap
UHT Milk Lite 1 litre	Shells 500gm	Condensed	Deodorant - roll on only
UHT Milk Skim 1 litre		Chunky	Toothpaste
Fruit Juice 1 litre	<b>PASTA SAUCES</b>	Cup of Soup	Toothbrush
Fruit Juice poppers 6 pk	Tomato		
Cordial 1 litre	Creamy	<b>SNACK FOODS</b>	<b>Washing up detergent</b>
Milo/Ovaltine	Asian	Sweet Biscuits	<b>Laundry Detergent</b>
Hot Chocolate	Indian	Savoury Crackers	
		Rice Crackers	<b>Nappies (all sizes)</b>
<b>SPREADS</b>	<b>INSTANT FOOD</b>	Muesli Bars	
Vegemite	Packet Pasta meals	Popcorn	<b>Womens Sanitary Products</b>
Peanut Butter	Packet Rice meals	Sultana packs	<b>Incontinence Products for</b>
Hazelnut Spread	Recipe Bases - pkt		<b>Men &amp; Women</b>
Jam - Strawberry	2 minute noodles	<b>SUGAR</b>	
Jam - Raspberry	Cup Noodles	White 1 kg	<b>FOR USE IN THE CENTRE</b>
Jam - Apricot	Instant Mashed Potato	Raw Sugar 1kg	Manilla Folders - foolscap
			Post It Notes
<b>SAUCES</b>	<b>RICE</b>	<b>VEGETABLES (Tinned)</b>	Photo copy paper - white
Tomato	White rice 1 kg	Beans	Fold back clips
Barbecue	Brown Rice 1 kg	Peas	Paper clips
Soy	Rice cups	Carrots	Sellotape
Worcestershire		Corn Niblets	Postage Stamps (\$1.10)
		Creamed Corn	Envelopes